We provide support and guidance to families struggling with their child’s substance use.

Parent Helpline

Our bi-lingual, trained and caring specialists provide compassionate, one-on-one support by listening to families’ challenges and helping them develop an action plan that will help their child work toward recovery.

Connect with us:

1-855-DRUGFREE
Text
Facebook Messenger
Email
Visit drugfree.org/helpline for more information.

drugfree.org

Our website has resources, guides and tools that include evidence-based approaches to help change the family dynamic and the way families support a loved one with addiction:

- Learn effective ways to communicate about substance use
- Develop behavior management skills to encourage healthier choices
- Get hope and support from other parents

Help & Hope by Text

Sign up to receive tailored resources and skills delivered via text message.

Text JOIN to 55753 to take a brief assessment about your child’s unique situation and begin receiving ongoing support.

Parent Coaches

Parents can connect to one of our trained volunteer Parent Coaches for peer-to-peer support. Get guidance and advice from someone who has “been there” and also struggled with a child’s substance use.
We are committed to helping families struggling with their child’s substance use.

We empower families with information, support and guidance to get the help their loved one needs and deserves.

And we advocate for greater understanding and more effective programs to treat the disease of addiction.