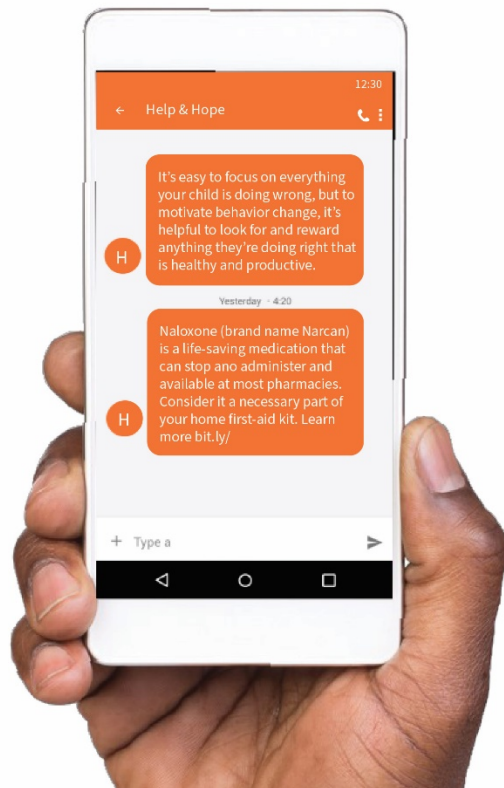


Text JOIN to 55753 to get started with messages of **Help & Hope by Text**

Get Messages of Help & Hope by Text

HOW IT WORKS:

1. Text **JOIN** to **55753**
2. Answer a quick series of questions about your child and his or her substance use.
3. Receive messages with information and support specific to your family's needs.



Parents and caregivers who have a child struggling with opioids can receive helpful messages sent straight to their mobile device. Messages include evidence-based skills and strategies to help parents better communicate with their child and motivate them to get the help they need.

By **texting JOIN to 55753** and taking a brief assessment, messages are tailored with information and support specific to a family's needs.

Parents can access:

- Life-Saving Information
- Reminders to Take Care of Yourself
- Strategies to Help Motivate Your Child
- Live Support

At any time, parents can connect directly with a Helpline Specialist to talk one-on-one about the nuances of their particular situation and get help making an action plan.

Parents are their child's best advocate. We are theirs.

"The messages were fantastic. I felt cared for, like someone could understand what I was going through. It was so helpful to have it all in one place."

