

# The Partnership for Drug-Free Kids is a nonprofit dedicated to providing support and guidance to families struggling with their child's substance use.

ALL RESOURCES AND SERVICES ARE CONFIDENTIAL AND FREE.



## Help & Hope by Text

Sign up to **receive tailored resources and skills** delivered via text message.

- ✓ Text **JOIN** to **55753** to take a brief assessment about your child's unique situation and begin receiving ongoing support.

For more information and resources for parents and families, visit [drugfree.org](http://drugfree.org).



## Parent Helpline

### CONNECT WITH A SPECIALIST

Get **compassionate, one-on-one support** and guidance:

- ☎ 1-855-DRUGFREE
- 💬 Text
- ✉ Email
- 🗨 Facebook Messenger
- 🌐 Visit [drugfree.org/helpline](http://drugfree.org/helpline) for more information.

## Parent Coaching

### CONNECT WITH A PEER

Parents can partner with a trained volunteer coach for peer-to-peer support. Get guidance and advice from someone who has **“been there”** and also struggled with a child's substance use.