**FOR IMMEDIATE RELEASE:**  **(PRESS CONTACT INFO HERE)**

***(ORGANIZATION) Hosts Screening of BREAKING POINTS:***

***Documentary Film Explores Stress, Anxiety Among High School and College Students and Unhealthy Ways Many of Them Cope***

CITY, STATE (DATE) - (ORGANIZATION) will hold a special screening of[*BREAKING POINTS*](http://www.drugfree.org/breakingpoints/), a new, short documentary film that raises awareness about the level of stress that high school and college students experience and the unhealthy ways that many of them cope.

The film explores behavior that is becoming normalized among students – abusing prescription (Rx) medicines not prescribed to them, including Rx stimulants for Attention Deficit Hyperactivity Disorder (ADHD). The film was directed by [Tucker Capps](http://www.tuckercapps.com/), known for his work on A&E’s *“Intervention,”* and is a part of the Partnership for Drug-Free Kids’ [Medicine Abuse Project](http://www.medicineabuseproject.org/), a national action campaign with the goal of preventing and addressing medicine abuse among teens.

*BREAKING POINTS* includes candid perspectives from high-school and college students and nationally recognized experts, challenging the misperceived “safety” and effectiveness of abusing prescription stimulants without a doctor’s prescription. The film serves as a catalyst to inform discussions about what parents and communities can do to support teens who are struggling to manage stress and anxiety.

**(INSERT LOCAL RESOURCES & STATISTICS ABOUT MEDICINE ABUSE HERE)**

“We hope this this film serves as a wake-up-call to parents – seeing how normalized Rx stimulant abuse is in school settings will help put this dangerous behavior on parents’ radar,” said (NAME OF PERSON AT ORGANIZATION, TITLE). “We are proud to partner with Partnership for Drug-Free Kids on local screenings like this one, providing key opportunities for parents, educators and community leaders to explore what steps they can take to help young people manage stress better and, in turn, help curb teen Rx medicine abuse.”

Along with interviews with high-school and college students from across the country talking about their own personal experiences with stress, the film also features interviews with Dr. Nora Volkow, Director of the National Institute of Drug Abuse; Denise Pope, Author, Stanford Senior Lecturer, Co-Founder of *Challenge Success;* and Alan Schwarz, Pulitzer Prize-Nominated National Correspondent for *The New York Times,* among others.

A dedicated website for *BREAKING POINTS* is available at [www.drugfree.org/breakingpoints/](http://www.drugfree.org/breakingpoints/). The website also features extended interviews with experts from the movie and shareable infographics with statistics on teen Rx medicine abuse, stress and anxiety

To learn more about the *BREAKING POINTS* film and RSVP for the event, **(INSERT SPECIAL INSTRUCTIONS HERE).**

***About (ORGANIZATION)***

(INSERT ORGANIZATION BOILERPLATE HERE)

***About Partnership for Drug-Free Kids***

The Partnership for Drug-Free Kids is dedicated to reduce teen substance abuse and help families impacted by addiction. We develop public education campaigns that drive awareness of teen substance abuse, and lead teen-targeted efforts that inspire young people to make positive decisions to stay healthy and avoid drugs and alcohol. On our website, drugfree.org, and through our toll-free helpline (1-855-DRUGFREE), we provide families with direct support and guidance to help them address teen substance abuse. Finally, we build healthy communities, advocating for great access to adolescent treatment and funding for youth prevention programs. A national nonprofit, we depend on donations from individuals, corporations, foundations and the public sector and are thankful to SAG-AFTRA and the advertising and media industries for their ongoing generosity.

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