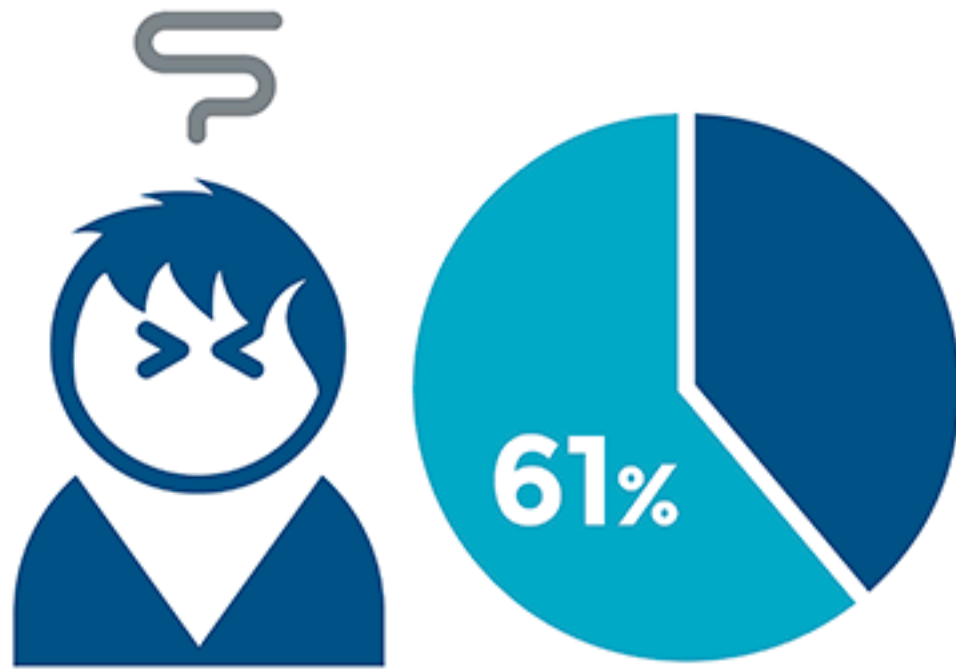


HIGH-SCHOOL STUDENTS: COPING WITH STRESS

*High-school students are stressed out and anxious.
Many of them are coping in unhealthy ways.*

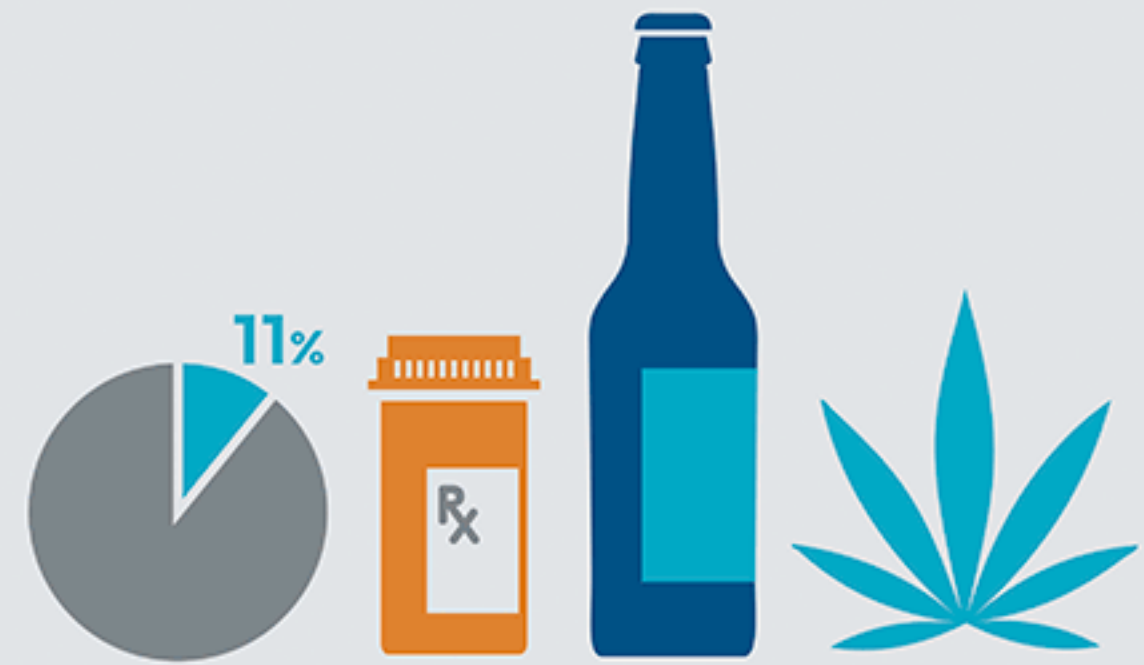
TEENS + HIGH SCHOOL = STRESS:



61% of teens say stress and anxiety have a large impact on their lives.

(2016 Partnership for Drug-Free Kids)

UNHEALTHY WAYS TO COPE:



11% of teens say they feel compelled at times to drink alcohol or use drugs to help cope with stress and anxiety.

(2016 Partnership for Drug-Free Kids)

MANY TEENS ABUSE PILLS:



Over half a million teens have abused a prescription stimulant in their lifetime.

(2014 NSDUH)

TEENS THINK IT'S OKAY TO ABUSE MEDICINE:



One in five teens believes it's okay to abuse a prescription drug, as long as they weren't doing so to "get high."

(2016 Partnership for Drug-Free Kids)